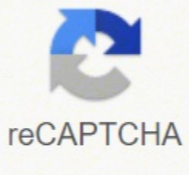




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FUDEBAKUDO PRESENTS THE FUDEBAKU-RYU JOKIDO

31-COUNT KATA

bow	one	two	three	four	five
six	seven	...er...	eight	nine or ten	eleven or twelve
thirteen or fourteen	or fifteen or sixteen	well, there's one...	of these or	there somewhere	then, uh...
twenty-five or twenty-six	twenty-seven or twenty-eight	twenty-nine or thirty	...or was it...	did it	bow

THE WAY OF THE EXPLODING PEN

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Advance with the back foot (left) from the position ³ 6 o'clock to the position ³ 3 o'clock, at the same time, and in a single movement, the tip of the sword falls to protect your right side from attack, then comes over your head and shomen (now is in front of 3 o'clock). Slide the front foot (right) to the 3 o'clock position, then ³ the left foot to the right foot position. At the same time, and in a single motion, the tip of the sword falls to protect its right side from attack, then comes over its head and does shomen as it backs down with its right foot (it now faces 3 o'clock). Turn back, then ³ forward with the rear (right) foot, cutting the vertical line. So... At the same time, and in a single motion, the tip of the sword falls to cover the LEFT side of his body, then comes over the head and makes shomen. Advance with the rear foot (left) from the 6 o'clock position to a position ³ right in front of your right foot. Gently raise your hands above the top of your head, pivot over the balls of your feet to face 180 degrees in the opposite direction and lower the sword back to chudan kamae (you will have the opposite foot forward to the one you started with). Start with the correct posture, chudan kamae: He pulls back with the front (right foot) and the shomen, then ... Advance with the rear foot (left) and shomen, then ³... Part 2 Step forward with rear foot and thrust chudan. Turn tenkan by cutting the vertical line. Nastavite nA tsuba (A "tita"). Pivot it to be in front of 9. Grab a buy, in Ai Hanmi or Gyaku Hanmi and see if you can see how ³ works! "What of the above 8 tactics is Ai Hanmi, and that is Gyaku Hanmi is left as an exercise for the reader! :-)" The "Part 2" to which I refer remains the same for One of the 8 parts of this "kata" ... advance with the rear foot (left) to perform IRMI-Tenkan. Bokken Kata Bokken Exercises (Solo) Bokken HAPPO GIRI (8 direction cuts) Address) MAWASHI UCHI (SHOMEN) Bokken Tori - Take paired weapon Bokken Practica Hitotsu No Tachi Ichi No Tachi Traditional Ken Suburi Other Bokken Tori Course A€ à Peter Brady Shihan Bokken tori manifestaciA ³ n A€ à "Morihiro saito sensei na trA © ning sebaobraný alebo sA A°RbornA © CviA n Enia Kata. Continue the cut, on your head, until it is oriented towards the front again, then... by Julian Frost The purpose ³ the "kata" is to demonstrate the relationship ³ back work and the eight variations of Shihonage that Chiba Sensei learns regularly. Na trAnedy a cviA n enia kata v obrannA A ½ ch bojovA umeniach s meAs om. The tip of the sword falls during this movement to protect its right side from attack, then, as the tenkan is completed, it approaches the head to make shomen. (Part 2) and repeats on the other side. side.

BUDOTEN Kampfsport Shop: Kampfsport Versand mit über 35.000 Artikeln! Judo Karate Taekwondo Boxen Schwert & Messer Tiefpreis Garantie. Boutique spécialisée dans l'équipement pour sports de combat et arts martiaux. Hadjime a été créé en 2003. Initié sous l'impulsion d'un ancien membre de l'équipe de France de Judo (Frédéric Garbe), notre magasin propose des équipements dédiés aux combattants, que ce soit pour la compétition, l'entraînement en club ou à la maison. 01/07/2016 · Historia del judo. por Angel del Soto 01 julio, 2016 2 Comentarios. ORIGEN. Este arte marcial de contacto de origen japonés tiene nombre propio: Jigoro Kano, el padre del Judo moderno.Nacido en 1860 en la población de Kobe en la provincia japonesa de Kyoto.. Jigoro Kano era de constitución débil, tanto, que sus amistades solían llamarlo "medicina". This list of 180+ martial arts styles provides you with details about their techniques, kata & forms, history, etc. It ranges from well-known styles (such as Karate, Taekwondo, Krav Maga, BJJ and MMA) to more unique martial arts styles (such as "Drunken Fist" Kung Fu, Sherlock Holmes' Bartitsu and Zulu Stick Fighting).We have also broken this information into country of origin (i.e ... Vente par correspondance. Vous pouvez également commander par email à vpc@budostore.com ou par téléphone du lundi au vendredi de 10h à 19h30 au 01 44 41 63 33. Altri progetti Wikizionario Wikizionario contiene il lemma di dizionario « kendō » Altri progetti Wikizionario Wikimedia Commons Wikizionario contiene inoltre il lemma di dizionario « 剣道 » Wikimedia Commons contiene immagini o altri file su Kendo Collegamenti esterni [modifica | modifica wikitesto] (EN) Kendō , su Enciclopedia Britannica , Encyclopædia Britannica, Inc ... Altri progetti Wikizionario Wikizionario contiene il lemma di dizionario « kendō » Altri progetti Wikizionario Wikimedia Commons Wikizionario contiene inoltre il lemma di dizionario « 剣道 » Wikimedia Commons contiene immagini o altri file su Kendo Collegamenti esterni [modifica | modifica wikitesto] (EN) Kendō , su Enciclopedia Britannica , Encyclopædia Britannica, Inc ... Aikidō [aikido] (jap. 合気道 oder 合氣道) ist eine betont defensive moderne japanische Kampfkunst.Sie wurde Anfang des 20. Jahrhunderts von Ueshiba Morihei als Synthese unterschiedlicher Budō-Disziplinen entwickelt, insbesondere aus dem Daijō-Ryū Aiki-Jūjutsu.Die Aikidō-Praktizierenden bezeichnet man als Aikidōka. Ziel des Aikidōs ist es, einem Angriff ... 01/07/2016 · Historia del judo. por Angel del Soto 01 julio, 2016 2 Comentarios. ORIGEN. Este arte marcial de contacto de origen japonés tiene nombre propio: Jigoro Kano, el padre del Judo moderno.Nacido en 1860 en la población de Kobe en la provincia japonesa de Kyoto.. Jigoro Kano era de constitución débil, tanto, que sus amistades solían llamarlo "medicina". Boutique spécialisée dans l'équipement pour sports de combat et arts martiaux. Hadjime a été créé en 2003. Initié sous l'impulsion d'un ancien membre de l'équipe de France de Judo (Frédéric Garbe), notre magasin propose des équipements dédiés aux combattants, que ce soit pour la compétition, l'entraînement en club ou à la maison. This list of 180+ martial arts styles provides you with details about their techniques, kata & forms, history, etc. It ranges from well-known styles (such as Karate, Taekwondo, Krav Maga, BJJ and MMA) to more unique martial arts styles (such as "Drunken Fist" Kung Fu, Sherlock Holmes' Bartitsu and Zulu Stick Fighting).We have also broken this information into country of origin (i.e ...

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